

EMBRACING *Obstacles*

6 REASONS YOU SHOULD EMBRACE LIFE'S TRIALS

OBSTACLES ARE AN INEVITABLE PART OF LIFE



It doesn't matter who you are: you are bound to face obstacles in your life. Hardships, challenges, and failures are a part of reality.



Why fear the inevitable?



Choose instead to embrace obstacles and the many benefits they offer.

OBSTACLES TEACH US WHO WE ARE



The way we process failure or react to obstacles tells us a lot about ourselves. Sometimes we won't know what we are truly capable of accomplishing until we are faced with an obstacle.



Other times the obstacle will teach us how much we can handle. If we are never challenged, how can we know who we truly are?

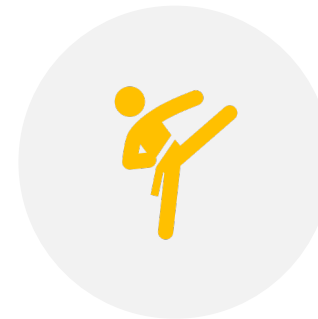
OBSTACLES TEACH US WHAT WE NEED TO DO NEXT



WE SHOULDN'T EVER STOP THE FACE OF AN OBSTACLE, BECAUSE IT IS A POWERFUL CLUE ON WHAT TO DO NEXT.



IF WE ARE DOING THINGS A CERTAIN WAY, AND KEEP RUNNING INTO THE OBSTACLE, THEN IT MIGHT SUGGEST WE TRY THINGS DIFFERENTLY.



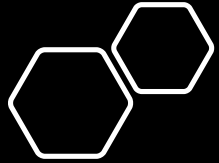
BY PLANNING AROUND OBSTACLES, WE MAY FIND NEW, QUICKER PATHS TO OUR END GOALS.



OBSTACLES
HELP US THINK
MORE
CREATIVELY

When we deal with obstacles, we are forced to think outside the box. We have to come up with new ideas to deal with the obstacle.

We need to be creative figuring out what the problem is, then doubly creative to figure out what to do next.

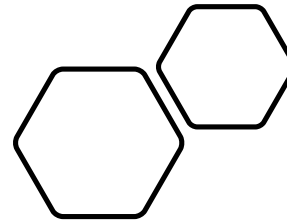


OBSTACLES GIVE YOU THE CHANCE TO CHANGE

When a hindrance arises, it is the perfect trigger for change. When dealing with an obstacle, you will often reflect on what went wrong in the past, and what you will do in the future.

This is the perfect catalyst for change. You may just be inclined to change the way you approach the problem, or you may embrace a more substantial change.

OBSTACLES TAKE US OUT OF OUR COMFORT ZONE



It is all too easy to get stuck in the same old routine. Obstacles present a chance to bust out of your routine by forcing you into new and different actions.

Sometimes the only solution to an obstacle is for you to do something you feel uneasy about. You may have to take a chance that makes you nervous. You might have to flex some skills you aren't confident in.

No matter what, you will be spurred to take an action that might bust you out of your comfort zone.

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